



First Steps

Day Nursery & Pre School

44 Compton Road
Shepton Mallet
Somerset
BA4 5QT
Tel: 01749 346733
Email: enquiries@fdaynursery.co.uk

We at First Steps have always offered a nutritious, healthy two course lunch and tea for our children however to bring the costs down for our families and us as a business we have made the decision to implement a healthy eating lunch box for all children for 1st September 2026. (please see attached out policy)

All children attending First Steps Childcare from the 1st September will be required to bring in the following foods for the sessions provided. Fresh drinking water will always be available; juice and fizzy drinks are not permitted.

First Steps will provide breakfast (8:00am-9am) (cereal, toast, yoghurt fresh fruit cows milk/water) and am and pm snacks. Costs for these please see below.

- ✚ Full days - 8:00-5:30pm lunch box to be provided by parents. Breakfast, snacks and tea will be provided [see costs below].
- ✚ Morning and afternoon sessions 8:00-12:30pm, 1:30-4pm (mid-morning snack and/or mid-afternoon snack [costs below]
- ✚ Morning with lunch 8:00-1:30pm lunch box to be provided by parents, snack will be provided by First Steps [see costs below]
- ✚ Afternoon session with lunch 12:30-4pm (lunch box provided by parents) Snack will be provided by First Steps [see costs below]
- ✚ Afternoon session with lunch and tea 12:30-5:30pm (lunch box to be provided by parents) First Steps will provide the afternoon snack and tea [see costs below]

First Steps will continue to provide tea for all children attending until 5:30pm, this is offered on Tuesday through to Thursday. Our 4 week menu will be shared in due course and displayed in our parents notice board. This will be reviewed seasonally.

Breakfast £1.00

Snack 50p [full day £1.00]

Tea £1.50 (Offered Tuesday, Wednesday and Thursday)

Should your child require any alternative milk/dairy products this will be provided by First Steps.

We have also reviewed our ARS charges to help support families,

We have made the decision to remove the Glastonbury spring water option and will provide children with Iced cold tap water on demand.

Although many parents enjoyed the opportunity to join us for Christmas lunch, as we continue to offer stay and play options throughout the year, we have made the decision to discontinue this event.

Suncream must always be applied to the children before sessions if required, we ask that if you have not applied sunscreen to your children, you tell us at the door, we will assume that all children have had this applied and that it is at least a factor 50 and one that lasts the whole day and is water resistant. Should you not be able to for whatever if requested we will apply the nursery sunscreen, and you will be invoiced as per the T and C's. A cost of £1.00 will be added.

We ask that in the winter and wet months you supply your child with named waterproof clothing so they can enjoy all the outdoor activities provided.

Home visits and the settling in sessions will now form part of the deposit. When your child is enrolled at First Steps, we ask for £100 deposit of which £50.00 was returned on your leaving however from September 26 only £25.00 will be refunded and the £25.00 will be retained to cover the settling in process.

Book bags and the sharing of books to support your child with school readiness will remain.

Tapestry and the costs remain unchanged.

All Staff training as per the terms and conditions remain unchanged

These changes will enable us to bring the cost of the ARS charges down to £3.00 per session from £5.50.

We have also decided to offer the early start as part of our funded hours. If your child is currently enrolled on the 8.00 -8.30 session, then this means that there will no longer be an early start fee. There is limited availability on the early start each morning so if you would be interested in signing your child up for an early start at 8am then please contact the office and we can let you know whether we currently have any availability.

All other amendments to our Terms and Conditions remain unchanged

Finally, I want to take this opportunity to thank you for your anticipated support and understanding.

We hope that by making these changes you will see a considerable reduction in your fees whilst we maintain the high standards you have come to expect from our team here at First Steps.

We will be issuing your September invoice before the end of July and these are payable on the 1st September.

If any parents have any questions, please do not hesitate to contact us via email.

Warm Regards

First Steps Childcare

Ruth Garland-Davies

Manager



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I confirm I have read and understood all information above including the our Healthy lunch box policy 2026; these changes will form part of your contract from September 2026.

I _____ parent of _____

Have read and understood the above signed _____

Dated _____

Please return this slip signed before the end of July via email, thank you.

If you experience any difficulties signing this we can print a copy, please contact the office.

Kind regards

First Steps Childcare